

## COURSE DESCRIPTIONS

### HSV 110 Counseling/Interviewing

Course reviews psychological principles and counseling techniques for public and social/human service workers. Content includes interview varieties, types and purposes; various communication techniques to establish rapport, question, reflect and help clients explore feelings and beliefs; and diagnostic and record-keeping systems. Skills developed largely through class exercises, role-plays and skill practice. Recommended: PSY 101.

### HSV 121 Treatment Strategies

Course explores organizational collaborative efforts in a “continuum of care” approach to human services. Content includes efforts made to provide the client/patient with full array of comprehensive services and solutions. Focus is on techniques to provide outreach, treatment/service planning, proper documentation, and referral techniques, services to special populations. Recommended: PSY 101.

### HSV 210 Counseling/Interviewing II

Course continues HSV 110. Content includes review of psychological principles and counseling techniques used by public and social/human service workers. Skills learned previously refined to focus on more in-depth probing of issues blocking effective responding of clients to life’s challenges. Further methods of analyzing and interpreting data uncovered in therapeutic counseling sessions and interviews. Practice given in conducting sessions, analyzing information uncovered in counseling, and proper documentation. Prerequisite: HSV 110. Recommended: PSY 101 and PSY 130.

### Oakton Community College

Oakton Community College District 535 serves 450,000 residents in the communities of Des Plaines (part of\*), Evanston, Glenview, Golf, Kenilworth, Lincolnwood, Morton Grove, Mount Prospect (part of\*), Niles, Northbrook, Northfield, Park Ridge, Rosemont (part of\*), Skokie, Wilmette, and Winnetka.

*\*Contact the Office of Admission at 847-635-1629 for exact in-district addresses.*

College transfer credits earned at Oakton Community College are recognized by public and private colleges and universities. The College is accredited by the Commission on Institutions of Higher Education of the North Central Association of Colleges and Schools.

### Programs

Oakton offers comprehensive instructional programs in the following areas: college/university transfer curricula, career programs, basic studies, adult and continuing education through Alliance for Lifelong Learning (ALL) and community services.

### Admission

All graduates of accredited high schools or holders of General Education Development (GED) certification are eligible for admission. Persons over 18 years of age who are not high school graduates may also be admitted, if they have sufficient abilities and background to benefit from the instruction offered as determined by the appropriate College representative.

### Financial Assistance

Scholarships, grants, loans and work-study jobs are available through Oakton’s Office of Student Financial Assistance to help students pay for tuition, fees, books, commuting costs and other educational expenses.

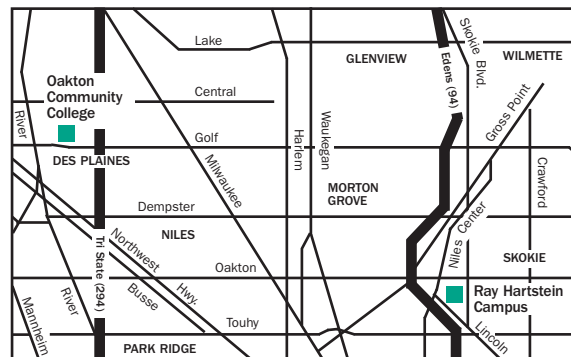
### Oakton Community College

1600 E. Golf Road, Des Plaines, IL 60016-1268  
847-635-1700

### Ray Hartstein Campus

7701 N. Lincoln Avenue, Skokie, IL 60077-2895  
847-635-1400

[www.oakton.edu](http://www.oakton.edu)



# Human Services



## Help others help themselves...

This expanded program offers students the opportunity to earn an Associate in Applied Science degree in Human Services or a Human Services Certificate. Courses help students develop knowledge and skills in counseling and interviewing; leading and facilitating groups; psychosocial theories for various work settings; discussing client behavior; documentation and understanding professional ethics and legal issues.

The Human Services curriculum is designed for students who are:

- Working in human resources, sales or other job areas, and seeking to enhance their skills and ability work with people
- Preparing for a bachelor's or master's degree in the to social services field
- Interested in related paraprofessional and entry-level jobs
- Starting a new career or changing careers

The Human Services curriculum prepares students to work in a variety of therapeutic, recreational and learning environments, including:

- Residential and day programs for youths and adults
- Shelters for abused women or the homeless
- Programs for the developmentally disabled
- Mental health and crisis centers
- Geriatric centers
- Hospice and respite care

To learn more, call or write:

Marvin Bornschlegl, LCPC, CADC, CCJP  
 Coordinator, Human Services and Substance Abuse  
 Counseling Programs  
 Oakton Community College  
 1600 East Golf Rd., Des Plaines, IL 60016-1268  
 847-635-1845, mbornsch@oakton.edu

Visit our web sites at [www.oakton.edu/substanceabuse](http://www.oakton.edu/substanceabuse) and [www.oakton.edu/acad/dept/bssd/human\\_services.htm](http://www.oakton.edu/acad/dept/bssd/human_services.htm).

## ASSOCIATE IN APPLIED SCIENCE DEGREE

60 Semester Credit Hours; Curriculum: 0207

### General Education Requirements: Credit Hours

<b>Area A — Communications</b>	<b>6</b>
EGL 101	
One course from: EGL 102, EGL 111, EGL 212, SPE 103	
<b>Area B — Mathematics</b>	<b>0-3</b>
One course from Area B (Mathematics) or Area C (Science)	
<b>Area C — Science</b>	<b>0-3</b>
One course from Area B (Mathematics) or Area C (Science)	
<b>Area D — Behavioral and Social Studies</b>	<b>3</b>
(Recommend one course from: PSY 101 or SOC 101)	
<b>Area E — Humanities/Fine Arts</b>	<b>3</b>
One course from a humanities or fine arts discipline	
<b>Area F — Contemporary Global Studies*</b>	<b>0-3</b>
One course that satisfies Contemporary Global Studies requirement (ANT 202 recommended)	

### Total General Education Requirements: **18**

### Major Requirements: Credit Hours

HSV 110 Counseling/Interviewing	3
HSV 121 Treatment Strategies	3
HSV 210 Counseling/Interviewing II	3
PSY 107 Applied Psychology: The Psychology of Personal Growth	3
PSY 120 Human Development	3
PSY 130 Introduction to Human Services	3
PSY 203 The Psychology of Abnormal Behavior	3
PSY 230 Behavioral Sciences Practicum I	4
PSY 231 Behavioral Sciences Practicum II	4
PSY 235 The Psychology of Group Behavior	3
PSY 236 Psychology of Group Behavior II	3
PSY 238 Substance Abuse	3
Total Major Requirements:	38
Electives:	4
Select two courses from PSY, SOC, HSV or other course that is approved by the program coordinator.	

### Total Semester Credit Hours for Associate in Applied Science Degree: **60**

\* Students may take a Contemporary Global Studies course that satisfies both Area F and another Area requirement.

Students who do not desire to pursue degree studies may complete the Human Services Certificate to prepare them for beginning level positions at many social service agencies.

## HUMAN SERVICES CERTIFICATE

34 Semester Credit Hours; Curriculum: 0209

### Courses for a Certificate: Credit Hours

HSV 110 Counseling/Interviewing	3
HSV 121 Treatment Strategies	3
PSY 101 Introduction to Psychology	3
PSY 107 Applied Psychology: The Psychology of Personal Growth	3
PSY 130 Introduction to Human Services	3
PSY 230 Behavioral Sciences Practicum I	4
PSY 235 Psychology of Group Behavior	3
PSY 238 Substance Abuse	3
SOC 101 Introduction to Sociology	3
Select a minimum of six credits from the following:	6
ECE 180 The Exceptional Child	3
LAE 101 Introduction to Criminal Justice	3
LAE 245 Juvenile Delinquency	3
PSY 108 Psychology of Personal Growth	3
PSY 204 Adolescent Psychology	3
PSY 205 Adult Psychology	3
PSY 211 Child Psychology	3
PSY 231 Behavioral Sciences Practicum II	4
PSY 234 Family Systems and the Addictive Process	3
PSY 237 Drugs and Behavior	3
SOC 103 Social Problems	3
SOC 104 Marriage and the Family	3
SOC 210 Death and Dying	3
SOC 230 Gender Roles	3
SOC 234 Sociology of Violence	3

### Total Semester Credit Hours for Certificate: **34**

Program requirements may change. See an advisor for current information.