

# CHAUTAUQUA 2008

Originating in Chautauqua, New York, in 1874, "Chautauqua" is today used to describe any gathering that provides public lectures with entertainment.

## March 10-14

**Series: \$45 Individual Lecture: \$10 Tour: \$45, Hindu Temple on March 14.**

*Senior discount does not apply to series, individual classes or tour.*

### **THE AMERICAN DILEMMA: EVERY THING'S GONNA BE ALRIGHT?**

**SERIES FEE: \$45**

FEMA doesn't work? Medicare is spending money faster than it brings money in? "No Child Left Behind" is the remedy to American's failing education system? The U.S. occupation ensures that Iraqi citizens want the same thing U.S. citizens want? Torture replaces the Geneva conventions for U.S. prisoners? Join us for this week long festival that examines the American landscape as Americans prepare to elect a new leader.

HUM C51-71, OC/SK, 5 days, 3/10-3/14, various times

### **DON'T WORRY, BE HAPPY: HE WHO LAUGHS LASTS...**

**FEE: \$10**

There's an old saying that goes something like, *Only an Irishman would laugh in the face of adversity*. Perhaps the Irish have made a good point. Let's explore the positive effects of humor and how it can help improve your health and reduce stress, even in difficult circumstances. **Dr. Raymond Silverman, MD**, has lectured extensively on this subject, and thoroughly enjoys sharing his findings on the numerous benefits of laughter.

HUM C51-72, OC/SK, 1 Mon., 3/10, 10-11:30 am

### **SHALL WE GATHER AT THE RIVER? ENVIRONMENTAL CHALLENGES IN THE CHICAGO REGION**

**FEE: \$10**

Experience the panorama of environmental change and future challenges throughout the Chicago region in this dynamic presentation by author **Raymond Wiggers**, director of the Natural History Exploration Guild. This overview covers the grand story of continental motion, prehistoric climate change, and the waxing and waning of various ecosystems. We'll then focus on the role of human beings in transforming the waters, soils, landscapes, and atmosphere upon which we all depend. See the human community revealed as nature's most fearsome antagonist, as well as its most passionate advocate.

HUM C51-73, OC/SK, 1 Mon., 3/10, 1-2:30 pm

### **IS THIS ALL THERE IS? OUR TOWN BY THORNTON WILDER**

**FEE: \$10**

Join **Sue Roupp**, award winning poet and writer trained at Piven Theater Workshop as she takes you back in time discussing the same things we wonder about every day. Emily has died and is now a ghost: Emily wonders, "Doesn't anyone ever realize life while they live it? Every minute, every minute?" The Stage Manager (in Our Town) responds, "no saints and poets, maybe; they do some."

HUM C51-74, OC/SK, 1 Tue. 3/11, 10-11:30 am

### **SOUNDS OF SILENCE: SIMON AND SONDHEIM FEE: \$10**

Paul Simon and Steven Sondheim are both supremely talented musicians and penetrating poet-lyricists. Paul Simon lyrics describe angst and regret; his lyrics examine the human condition. His music combines world rhythms and sounds. Stephen Sondheim lyrics deal with issues of contemporary life; lyrics focus on marriage, relationships, madness, injustice and the human condition. Join **Karol Verson**, Emeritus teacher, as she explores how their lyrics/music capture the ennui of our time.

HUM C51-75, OC/SK, 1 Tue., 3/11, 1-2:30 pm

### **ME AND JULIO: LATINO IMMIGRATION AND THE TRANSFORMATION OF THE UNITED STATES**

**FEE: \$10**

The unparalleled population growth of Latino/as has been one of the most striking developments that have taken place in the United States. They have transformed the country beyond recognition during the past three decades, from labor markets to urban politics. **Juan Mora-Torres, Ph.D., DePaul University** will examine how Latino immigration has become one of the most divisive issues affecting the American political landscape.

HUM C51-76, OC/SK, 1 Wed., 3/12, 10-11:30 am

**IMAGINE: JOHN LENNON'S QUEST FOR PEACE FEE: \$10**

In 1968, John Lennon and the Beatles traveled to India to commune with Maharishi Mahesh Yogi. And while he would later write in his song, "God," "I don't believe in mantra/I don't believe in Gita," Lennon – joined by wife Yoko Ono – spent the rest of his short life encouraging world peace through performance art and music. Lennon's quest for justice eventually became linked with the misfortunes of two American radicals, John Sinclair and Angela Davis, drawing unwanted attention from the FBI and deportation efforts by the Nixon administration. Join **Steve Levitt**, founder of the Old Town School of Folk Music's renowned Beatles Ensemble, to explore the magical musical mysteries of "Imagine," "Give Peace a Chance," and other Lennon compositions.

HUM C51-77, OC/SK, 1 Wed., 3/12, 2:30-4 pm

**WE ARE FAMILY: WELCOMING THE STRANGER FEE: \$10**

The Jewish, Christian, and Muslim spiritual traditions each advocate welcoming the stranger-the "other." Of course, these traditions also promulgate *hostile* responses to "outsiders." **Douglas Gillette**, Emeritus teacher, asks the question: which part of our religious heritages are we going to live?

HUM C51-78, OC/SK, 1 Thu., 3/13, 10-11:30 am

**WE SHALL OVERCOME: AN INTERACTIVE PRESENTATION ON LIFE BALANCE FEE: \$10**

Everyone talks about "wellness," but what is it, really? Does it mean never calling in to work sick, maintaining a regular exercise program, or simply enjoying quality family time? Join **Reed Engel**, MA, FAWHP, director of wellness strategies at the Mather LifeWays Institute on Aging, to discover your own definition of wellness and hear what others are doing to enhance healthy lifestyles. The discussion will focus on six dimensions of well-being and how to better balance the various aspects of life. Students first complete a self-assessment to determine their current wellness level, and then explore ways to reach their full potential.

HUM C51- 79, OC/SK, 1 Thu., 3/13, 1-2:30 pm

**ON THE ROAD AGAIN FEE: \$45**

Visit the amazing new Hindu Temple in Bartlett, Illinois, with an Emeritus tour guide. Following an introductory talk and video on Hindu religion, we will attend a short Hindu service. We also will be served a vegetarian lunch at the temple.

HUM C51-80, OC/SK, 1 Fri., 3/14, 9:30 am -2:30 pm