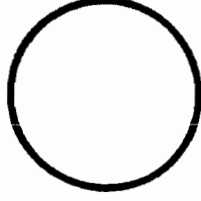


# In a Different Voice

Psychological Theory and Women's Development

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## Introduction



OVER THE PAST TEN YEARS, I have been listening to people talking about morality and about themselves. Halfway through that time, I began to hear a distinction in these voices, two ways of speaking about moral problems, two modes of describing the relationship between other and self. Differences represented in the psychological literature as steps in a developmental progression suddenly appeared instead as a contrapuntal theme, woven into the cycle of life and recurring in varying forms in people's judgments, fantasies, and thoughts. The occasion for this observation was the selection of a sample of women for a study of the relation between judgment and action in a situation of moral conflict and choice.

Against the background of the psychological descriptions of identity and moral development which I had read and taught for a number of years, the women's voices sounded distinct. It was then that I began to notice the recurrent problems in interpreting women's development and to connect these problems to the repeated exclusion of women from the critical theory-building studies of psychological research.

This book records different modes of thinking about relationships and the association of these modes with male and female voices in psychological and literary texts and in the data of my research. The disparity between women's experience and the representation of human development, noted throughout the psychological

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cal literature, has generally been seen to signify a problem in women's development. Instead, the failure of women to fit existing models of human growth may point to a problem in the representation, a limitation in the conception of human condition, an omission of certain truths about life.

The different voice I describe is characterized not by gender but theme. Its association with women is an empirical observation, and it is primarily through women's voices that I trace its development. But this association is not absolute, and the contrasts between male and female voices are presented here to highlight a distinction between two modes of thought and to focus a problem of interpretation rather than to represent a generalization about either sex. In tracing development, I point to the interplay of these voices within each sex and suggest that their convergence marks times of crisis and change. No claims are made about the origins of the differences described or their distribution in a wider population, across cultures, or through time. Clearly, these differences arise in a social context where factors of social status and power combine with reproductive biology to shape the experience of males and females and the relations between the sexes. My interest lies in the interaction of experience and thought, in different voices and the dialogues to which they give rise, in the way we listen to ourselves and to others, in the stories we tell about our lives.

Three studies are referred to throughout this book and reflect the central assumption of my research: that the way people talk about their lives is of significance, that the language they use and the connections they make reveal the world that they see and in which they act. All of the studies relied on interviews and included the same set of questions—about conceptions of self and morality, about experiences of conflict and choice. The method of interviewing was to follow the language and the logic of the person's thought, with the interviewer asking further questions in order to clarify the meaning of a particular response.

The college student study explored identity and moral development in the early adult years by relating the view of self and thinking about morality to experiences of moral conflict and the making of life choices. Twenty-five students, selected at random from a group who had chosen as sophomores to take a course on moral and political choice, were interviewed as seniors in college and then five years following graduation. In selecting this sample, I observed that of the twenty students who had dropped the course, sixteen

were women. These women were also contacted and interviewed as seniors.

The abortion decision study considered the relation between experience and thought and the role of conflict in development. Twenty-nine women, ranging in age from fifteen to thirty-three, diverse in ethnic background and social class, some single, some married, a few the mother of a preschool child, were interviewed during the first trimester of a confirmed pregnancy at a time when they were considering abortion. These women were referred to the study through pregnancy counseling services and abortion clinics in a large metropolitan area; no effort was made to select a representative sample of the clinic or counseling service population. Of the twenty-nine women referred, complete interview data were available for twenty-four, and of these twenty-four, twenty-one were interviewed again at the end of the year following choice.

Both of these studies expanded the usual design of research on moral judgment by asking how people defined moral problems and what experiences they construed as moral conflicts in their lives, rather than by focusing on their thinking about problems presented to them for resolution. The hypotheses generated by these studies concerning different modes of thinking about morality and their relation to different views of self were further explored and refined through the *rights and responsibilities study*. This study involved a sample of males and females matched for age, intelligence, education, occupation, and social class at nine points across the life cycle: ages 6-9, 11, 15, 19, 22, 25-27, 35, 45, and 60. From a total sample of 144 (8 males and 8 females at each age), including a more intensively interviewed subsample of 36 (2 males and 2 females at each age), data were collected on conceptions of self and morality, experiences of moral conflict and choice, and judgments of hypothetical moral dilemmas.

In presenting excerpts from this work, I report research in progress whose aim is to provide, in the field of human development, a clearer representation of women's development which will enable psychologists and others to follow its course and understand some of the apparent puzzles it presents, especially those that pertain to women's identity formation and their moral development in adolescence and adulthood. For women, I hope this work will offer a representation of their thought that enables them to see better its integrity and validity, to recognize the experiences their thinking refracts, and to understand the line of its development. My goal is

to expand the understanding of human development by using the group left out in the construction of theory to call attention to what is missing in its account. Seen in this light, the discrepant data on women's experience provide a basis upon which to generate new theory, potentially yielding a more encompassing view of the lives of both of the sexes.

# 7 Woman's Place in Man's Life Cycle

IN THE SECOND ACT of *The Cherry Orchard*, Lopahin, a young merchant, describes his life of hard work and success. Failing to convince Madame Ranevskaya to cut down the cherry orchard to save her estate, he will go on in the next act to buy it himself. He is the self-made man who, in purchasing the estate where his father and grandfather were slaves, seeks to eradicate the "awkward, unhappy life" of the past, replacing the cherry orchard with summer cottages where coming generations "will see a new life." In elaborating this developmental vision, he reveals the image of man that underlies and supports his activity: "At times when I can't go to sleep, I think: Lord, thou givest us immense forests, unbounded fields and the widest horizons, and living in the midst of them we should indeed be giants"—at which point, Madame Ranevskaya interrupts him, saying, "You feel the need for giants—They are good only in fairy tales, anywhere else they only frighten us."

Conceptions of the human life cycle represent attempts to order and make coherent the unfolding experiences and perceptions, the changing wishes and realities of everyday life. But the nature of such conceptions depends in part on the position of the observer. The brief excerpt from Chekhov's play suggests that when the observer is a woman, the perspective may be of a different sort. Different judgments of the image of man as giant imply different ideas about human development, different ways of imagining the human condition, different notions of what is of value in life.

At a time when efforts are being made to eradicate discrimination between the sexes in the search for social equality and justice, the differences between the sexes are being rediscovered in the social sciences. This discovery occurs when theories formerly considered to be sexually neutral in their scientific objectivity are found instead to reflect a consistent observational and evaluative bias. Then the presumed neutrality of science, like that of language itself, gives way to the recognition that the categories of knowledge are human constructions. The fascination with point of view that has informed the fiction of the twentieth century and the corresponding recognition of the relativity of judgment infuse our scientific understanding as well when we begin to notice how accustomed we have become to seeing life through men's eyes.

A recent discovery of this sort pertains to the apparently innocent classic *The Elements of Style* by William Strunk and E. B. White. A Supreme Court ruling on the subject of sex discrimination led one teacher of English to notice that the elementary rules of English usage were being taught through examples which counterposed the birth of Napoleon, the writings of Coleridge, and statements such as "He was an interesting talker. A man who had traveled all over the world and lived in half a dozen countries," with "Well, Susan, this is a fine mess you are in" or, less drastically, "He saw a woman, accompanied by two children, walking slowly down the road."

Psychological theorists have fallen as innocently as Strunk and White into the same observational bias. Implicitly adopting the male life as the norm, they have tried to fashion women out of a masculine cloth. It all goes back, of course, to Adam and Eve—a story which shows, among other things, that if you make a woman out of a man, you are bound to get into trouble. In the life cycle, as in the Garden of Eden, the woman has been the deviant.

The penchant of developmental theorists to project a masculine image, and one that appears frightening to women, goes back at least to Freud (1905), who built his theory of psychosexual development around the experiences of the male child that culminate in the Oedipus complex. In the 1920s, Freud struggled to resolve the contradictions posed for his theory by the differences in female anatomy and the different configuration of the young girl's early family relationships. After trying to fit women into his masculine conception, seeing them as envying that which they missed, he came instead to acknowledge, in the strength and persistence of

women's pre-Oedipal attachments to their mothers, a developmental difference. He considered this difference in women's development to be responsible for what he saw as women's developmental failure.

Having tied the formation of the superego or conscience to castration anxiety, Freud considered women to be deprived by nature of the impetus for a clear-cut Oedipal resolution. Consequently, women's superego—the heir to the Oedipus complex—was compromised: it was never "so inexorable, so impersonal, so independent of its emotional origins as we require it to be in men." From this observation of difference, that "for women the level of what is ethically normal is different from what it is in men," Freud concluded that women "show less sense of justice than men, that they are less ready to submit to the great exigencies of life, that they are more often influenced in their judgements by feelings of affection or hostility" (1925, pp. 257-258).

Thus a problem in theory became cast as a problem in women's development, and the problem in women's development was located in their experience of relationships. Nancy Chodorow (1974), attempting to account for "the reproduction within each generation of certain general and nearly universal differences that characterize masculine and feminine personality and roles," attributes these differences between the sexes not to anatomy but rather to "the fact that women, universally, are largely responsible for early child care." Because this early social environment differs for and is experienced differently by male and female children, basic sex differences recur in personality development. As a result, "in any given society, feminine personality comes to define itself in relation and connection to other people more than masculine personality does" (pp. 43-44).

In her analysis, Chodorow relies primarily on Robert Stoller's studies which indicate that gender identity, the unchanging core of personality formation, is "with rare exception firmly and irreversibly established for both sexes by the time a child is around three." Given that for both sexes the primary caretaker in the first three years of life is typically female, the interpersonal dynamics of gender identity formation are different for boys and girls. Female identity formation takes place in a context of ongoing relationship since "mothers tend to experience their daughters as more like, and continuous with, themselves." Correspondingly, girls, in identifying

themselves as female, experience themselves as like their mothers, thus fusing the experience of attachment with the process of identity formation. In contrast, "mothers experience their sons as a male opposite," and boys, in defining themselves as masculine, separate their mothers from themselves, thus curtailing "their primary love and sense of empathic tie." Consequently, male development entails a "more emphatic individuation and a more defensive firming of experienced ego boundaries." For boys, but not girls, "issues of differentiation have become intertwined with sexual issues" (1978, pp. 150, 166-167).

Writing against the masculine bias of psychoanalytic theory, Chodorow argues that the existence of sex differences in the early experiences of individuation and relationship "does not mean that women have 'weaker' ego boundaries than men or are more prone to psychosis." It means instead that "girls emerge from this period with a basis for 'empathy' built into their primary definition of self in a way that boys do not." Chodorow thus replaces Freud's negative and derivative description of female psychology with a positive and direct account of her own: "Girls emerge with a stronger basis for experiencing another's needs or feelings as one's own (or of thinking that one is so experiencing another's needs and feelings). Furthermore, girls do not define themselves in terms of the denial of preoedipal relational modes to the same extent as do boys. Therefore, regression to these modes tends not to feel as much a basic threat to their ego. From very early, then, because they are parented by a person of the same gender . . . girls come to experience themselves as less differentiated than boys, as more continuous with and related to the external object-world, and as differently oriented to their inner object-world as well" (p. 167).

Consequently, relationships, and particularly issues of dependency, are experienced differently by women and men. For boys and men, separation and individuation are critically tied to gender identity since separation from the mother is essential for the development of masculinity. For girls and women, issues of femininity or feminine identity do not depend on the achievement of separation from the mother or on the progress of individuation. Since masculinity is defined through separation while femininity is defined through attachment, male gender identity is threatened by intimacy while female gender identity is threatened by separation. Thus males tend to have difficulty with relationships, while females tend to have problems with individuation. The quality of embeddedness

in social interaction and personal relationships that characterizes women's lives in contrast to men's, however, becomes not only a descriptive difference but also a developmental liability when the milestones of childhood and adolescent development in the psychological literature are markers of increasing separation. Women's failure to separate then becomes by definition a failure to develop.

The sex differences in personality formation that Chodorow describes in early childhood appear during the middle childhood years in studies of children's games. Children's games are considered by George Herbert Mead (1934) and Jean Piaget (1932) as the crucible of social development during the school years. In games, children learn to take the role of the other and come to see themselves through another's eyes. In games, they learn respect for rules and come to understand the ways rules can be made and changed.

Janet Lever (1976), considering the peer group to be a major activity during the elementary school years and play to be a major activity of socialization at that time, set out to discover whether there are sex differences in the games that children play. Studying 181 fifth-grade, white, middle-class children, ages ten and eleven, she observed the organization and structure of their play-time activities. She watched the children as they played at school during recess and in physical education class, and in addition kept diaries of their accounts as to how they spent their out-of-school time. From this study, Lever reports sex differences: boys play out of doors more often than girls do; boys play more often in large and age-heterogeneous groups; they play competitive games more often, and their games last longer than girls' games. The last is in some ways the most interesting finding. Boys' games appeared to last longer not only because they required a higher level of skill and were thus less likely to become boring, but also because, when disputes arose in the course of a game, boys were able to resolve the disputes more effectively than girls: "During the course of this study, boys were seen quarrelling all the time, but not once was a game terminated because of a quarrel and no game was interrupted for more than seven minutes. In the gravest debates, the final word was always to 'repeat the play,' generally followed by a chorus of 'cheater's proof'" (p. 482). In fact, it seemed that the boys enjoyed the legal debates as much as they did the game itself, and even marginal players of lesser size or skill participated equally in these recurrent squabbles. In contrast, the eruption of disputes among girls tended to end the game.

Thus Lever extends and corroborates the observations of Piaget in his study of the rules of the game, where he finds boys becoming through childhood increasingly fascinated with the legal elaboration of rules and the development of fair procedures for adjudicating conflicts, a fascination that, he notes, does not hold for girls. Piaget observes, however, that girls have a more "pragmatic" attitude toward rules, "regarding a rule as good as long as the game repaid it" (p. 83). Girls are more tolerant in their attitudes toward rules, more willing to make exceptions, and more easily reconciled to innovations. As a result, the legal sense, which Piaget considers essential to moral development, "is far less developed in little girls than in boys" (p. 77).

The bias that leads Piaget to equate male development with child development also colors Lever's work. The assumption that shapes her discussion of results is that the male model is the better one since it fits the requirements for modern corporate success. In contrast, the sensitivity and care for the feelings of others that girls develop through their play have little market value and can even impede professional success. Lever implies that, given the realities of adult life, if a girl does not want to be left dependent on men, she will have to learn to play like a boy.

To Piaget's argument that children learn the respect for rules necessary for moral development by playing rule-bound games, Lawrence Kohlberg (1969) adds that these lessons are most effectively learned through the opportunities for role-taking that arise in the course of resolving disputes. Consequently, the moral lessons inherent in girls' play appear to be fewer than in boys'. Traditional girls' games like jump rope and hopscotch are turn-taking games, where competition is indirect since one person's success does not necessarily signify another's failure. Consequently, disputes requiring adjudication are less likely to occur. In fact, most of the girls whom Lever interviewed claimed that when a quarrel broke out, they ended the game. Rather than elaborating a system of rules for resolving disputes, girls subordinated the continuation of the game to the continuation of relationships.

Lever concludes that from the games they play, boys learn both the independence and the organizational skills necessary for coordinating the activities of large and diverse groups of people. By participating in controlled and socially approved competitive situations, they learn to deal with competition in a relatively forthright manner—to play with their enemies and to compete with their

friends—all in accordance with the rules of the game. In contrast, girls' play tends to occur in smaller, more intimate groups, often the best-friend dyad, and in private places. This play replicates the social pattern of primary human relationships in that its organization is more cooperative. Thus, it points less, in Mead's terms, toward learning to take the role of "the generalized other," less toward the abstraction of human relationships. But it fosters the development of the empathy and sensitivity necessary for taking the role of "the particular other" and points more toward knowing the other as different from the self.

The sex differences in personality formation in early childhood that Chodorow derives from her analysis of the mother-child relationship are thus extended by Lever's observations of sex differences in the play activities of middle childhood. Together these accounts suggest that boys and girls arrive at puberty with a different interpersonal orientation and a different range of social experiences. Yet, since adolescence is considered a crucial time for separation, the period of "the second individuation process" (Blos, 1967), female development has appeared most divergent and thus most problematic at this time.

"Puberty," Freud says, "which brings about so great an accession of libido in boys, is marked in girls by a fresh wave of *repression*," necessary for the transformation of the young girl's "masculine sexuality" into the specifically feminine sexuality of her adulthood (1905, pp. 220-221). Freud posits this transformation on the girl's acknowledgment and acceptance of "the fact of her castration" (1931, p. 229). To the girl, Freud explains, puberty brings a new awareness of "the wound to her narcissism" and leads her to develop, "like a scar, a sense of inferiority" (1925, p. 253). Since in Erik Erikson's expansion of Freud's psychoanalytic account, adolescence is the time when development hinges on identity, the girl arrives at this juncture either psychologically at risk or with a different agenda.

The problem that female adolescence presents for theorists of human development is apparent in Erikson's scheme. Erikson (1950) charts eight stages of psychosocial development, of which adolescence is the fifth. The task at this stage is to forge a coherent sense of self, to verify an identity that can span the discontinuity of puberty and make possible the adult capacity to love and work. The preparation for the successful resolution of the adolescent identity crisis is delineated in Erikson's description of the crises that

characterize the preceding four stages. Although the initial crisis in infancy of "trust versus mistrust" anchors development in the experience of relationship, the task then clearly becomes one of individuation. Erikson's second stage centers on the crisis of "autonomy versus shame and doubt," which marks the walking child's emerging sense of separateness and agency. From there, development goes on through the crisis of "initiative versus guilt," successful resolution of which represents a further move in the direction of autonomy. Next, following the inevitable disappointment of the magical wishes of the Oedipal period, children realize that to compete with their parents, they must first join them and learn to do what they do so well. Thus in the middle childhood years, development turns on the crisis of "industry versus inferiority," as the demonstration of competence becomes critical to the child's developing self-esteem. This is the time when children strive to learn and master the technology of their culture, in order to recognize themselves and to be recognized by others as capable of becoming adults. Next comes adolescence, the celebration of the autonomous, initiating, industrious self through the forging of an identity based on an ideology that can support and justify adult commitments. But about whom is Erikson talking?

Once again it turns out to be the male child. For the female, Erikson (1968) says, the sequence is a bit different. She holds her identity in abeyance as she prepares to attract the man by whose name she will be known, by whose status she will be defined, the man who will rescue her from emptiness and loneliness by filling "the inner space." While for men, identity precedes intimacy and generativity in the optimal cycle of human separation and attachment, for women these tasks seem instead to be fused. Intimacy goes along with identity, as the female comes to know herself as she is known, through her relationships with others.

Yet despite Erikson's observation of sex differences, his chart of life-cycle stages remains unchanged: identity continues to precede intimacy as male experience continues to define his life-cycle conception. But in this male life cycle there is little preparation for the intimacy of the first adult stage. Only the initial stage of trust versus mistrust suggests the type of mutuality that Erikson means by intimacy and generativity and Freud means by genitality. The rest is separateness, with the result that development itself comes to be identified with separation, and attachments appear to be devel-

opmental impediments, as is repeatedly the case in the assessment of women.

Erikson's description of male identity as forged in relation to the world and of female identity as awakened in a relationship of intimacy with another person is hardly new. In the fairy tales that Bruno Bettelheim (1976) describes an identical portrayal appears. The dynamics of male adolescence are illustrated archetypically by the conflict between father and son in "The Three Languages." Here a son, considered hopelessly stupid by his father, is given one last chance at education and sent for a year to study with a master. But when he returns, all he has learned is "what the dogs bark." After two further attempts of this sort, the father gives up in disgust and orders his servants to take the child into the forest and kill him. But the servants, those perpetual rescuers of disowned and abandoned children, take pity on the child and decide simply to leave him in the forest. From there, his wanderings take him to a land beset by furious dogs whose barking permits nobody to rest and who periodically devour one of the inhabitants. Now it turns out that our hero has learned just the right thing: he can talk with the dogs and is able to quiet them, thus restoring peace to the land. Since the other knowledge he acquires serves him equally well, he emerges triumphant from his adolescent confrontation with his father, a giant of the life-cycle conception.

In contrast, the dynamics of female adolescence are depicted through the telling of a very different story. In the world of the fairy tale, the girl's first bleeding is followed by a period of intense passivity in which nothing seems to be happening. Yet in the deep sleeps of Snow White and Sleeping Beauty, Bettelheim sees that inner concentration which he considers to be the necessary counterpart to the activity of adventure. Since the adolescent heroine is awake from their sleep, not to conquer the world, but to marry the prince, their identity is inwardly and interpersonally defined. For women, in Bettelheim's as in Erikson's account, identity and intimacy are intricately conjoined. The sex differences depicted in the world of fairy tales, like the fantasy of the woman warrior in Maxine Hong Kingston's (1977) recent autobiographical novel which echoes the old stories of Troilus and Cressida and Tancred and Chlorinda, indicate repeatedly that active adventure is a male activity, and that if a woman is to embark on such endeavors, she must at least dress like a man.

These observations about sex difference support the conclusion reached by David McClelland (1975) that "sex role turns out to be one of the most important determinants of human behavior; psychologists have found sex differences in their studies from the moment they started doing empirical research." But since it is difficult to say "different" without saying "better" or "worse," since there is a tendency to construct a single scale of measurement, and since that scale has generally been derived from and standardized on the basis of men's interpretations of research data drawn predominantly or exclusively from studies of males, psychologists "have tended to regard male behavior as the 'norm' and female behavior as some kind of deviation from that norm" (p. 81). Thus, when women do not conform to the standards of psychological expectation, the conclusion has generally been that something is wrong with the women.

What Matina Horner (1972) found to be wrong with women was the anxiety they showed about competitive achievement. From the beginning, research on human motivation using the Thematic Apperception Test (TAT) was plagued by evidence of sex differences which appeared to confuse and complicate data analysis. The TAT presents for interpretation an ambiguous cue—a picture about which a story is to be written or a segment of a story that is to be completed. Such stories, in reflecting projective imagination, are considered by psychologists to reveal the ways in which people construe what they perceive, that is, the concepts and interpretations they bring to their experience and thus presumably the kind of sense that they make of their lives. Prior to Horner's work it was clear that women made a different kind of sense than men of situations of competitive achievement, that in some way they saw the situations differently or the situations aroused in them some different response.

On the basis of his studies of men, McClelland divided the concept of achievement motivation into what appeared to be its two logical components, a motive to approach success ("hope success") and a motive to avoid failure ("fear failure"). From her studies of women, Horner identified as a third category the unlikely motivation to avoid success ("fear success"). Women appeared to have a problem with competitive achievement, and that problem seemed to emanate from a perceived conflict between femininity and success, the dilemma of the female adolescent who struggles to integrate her feminine aspirations and the identifications of her early childhood

with the more masculine competence she has acquired at school. From her analysis of women's completions of a story that began, "after first term finals, Anne finds herself at the top of her medical school class," and from her observation of women's performance in competitive achievement situations, Horner reports that, "when success is likely or possible, threatened by the negative consequences they expect to follow success, young women become anxious and their positive achievement strivings become thwarted" (p. 171). She concludes that this fear "exists because for most women, the anticipation of success in competitive achievement activity, especially against men, produces anticipation of certain negative consequences, for example, threat of social rejection and loss of femininity" (1968, p. 125).

Such conflicts about success, however, may be viewed in a different light. Georgia Sassen (1980) suggests that the conflicts expressed by the women might instead indicate "a heightened perception of the 'other side' of competitive success, that is, the great emotional costs at which success achieved through competition is often gained—an understanding which, though confused, indicates some underlying sense that something is rotten in the state in which success is defined as having better grades than everyone else" (p. 15). Sassen points out that Horner found success anxiety to be present in women only when achievement was directly competitive, that is, when one person's success was at the expense of another's failure.

In his elaboration of the identity crisis, Erikson (1968) cites the life of George Bernard Shaw to illustrate the young person's sense of being co-opted prematurely by success in a career he cannot wholeheartedly endorse. Shaw at seventy, reflecting upon his life, described his crisis at the age of twenty as having been caused not by the lack of success or the absence of recognition, but by too much of both: "I made good in spite of myself, and found, to my dismay, that Business, instead of expelling me as the worthless imposter I was, was fastening upon me with no intention of letting me go. Behold me, therefore, in my twentieth year, with a business training, in an occupation which I detested as cordially as any sane person lets himself detest anything he cannot escape from. In March 1876 I broke loose" (p. 143). At this point Shaw settled down to study and write as he pleased. Hardly interpreted as evidence of neurotic anxiety about achievement and competition, Shaw's refusal suggests to Erikson "the extraordinary workings of an extraordinary personality [coming] to the fore" (p. 144).

We might on these grounds begin to ask, not why women have conflicts about competitive success, but why men show such readiness to adopt and celebrate a rather narrow vision of success. Remembering Piaget's observation, corroborated by Lever, that boys in their games are more concerned with rules while girls are more concerned with relationships, often at the expense of the game itself—and given Chodorow's conclusion that men's social orientation is positional while women's is personal—we begin to understand why, when "Anne" becomes "John" in Horner's tale of competitive success and the story is completed by men, fear of success tends to disappear. John is considered to have played by the rules and won. He has the *right* to feel good about his success. Confirmed in the sense of his own identity as separate from those who, compared to him, are less competent, his positional sense of self is affirmed. For Anne, it is possible that the position she could obtain by being at the top of her medical school class may not, in fact, be what she wants.

"It is obvious," Virginia Woolf says, "that the values of women differ very often from the values which have been made by the other sex" (1929, p. 76). Yet, she adds, "it is the masculine values that prevail." As a result, women come to question the normality of their feelings and to alter their judgments in deference to the opinion of others. In the nineteenth century novels written by women, Woolf sees at work "a mind which was slightly pulled from the straight and made to alter its clear vision in deference to external authority." The same deference to the values and opinions of others can be seen in the judgments of twentieth century women. The difficulty women experience in finding or speaking publicly in their own voices emerges repeatedly in the form of qualification and self-doubt, but also in intimations of a divided judgment, a public assessment and private assessment which are fundamentally at odds.

Yet the deference and confusion that Woolf criticizes in women derive from the values she sees as their strength. Women's deference is rooted not only in their social subordination but also in the substance of their moral concern. Sensitivity to the needs of others and the assumption of responsibility for taking care lead women to attend to voices other than their own and to include in their judgment other points of view. Women's moral weakness, manifest in an apparent diffusion and confusion of judgment, is thus inseparable from women's moral strength, an overriding con-

cern with relationships and responsibilities. The reluctance to judge may itself be indicative of the care and concern for others that infuse the psychology of women's development and are responsible for what is generally seen as problematic in its nature.

Thus women not only define themselves in a context of human relationship but also judge themselves in terms of their ability to care. Women's place in man's life cycle has been that of nurturer, caretaker, and helpmate, the weaver of those networks of relationships on which she in turn relies. But while women have thus taken care of men, men have, in their theories of psychological development, as in their economic arrangements, tended to assume or devalue that care. When the focus on individuation and individual achievement extends into adulthood and maturity is equated with personal autonomy, concern with relationships appears as a weakness of women rather than as a human strength (Miller, 1976).

The discrepancy between womanhood and adulthood is nowhere more evident than in the studies on sex-role stereotypes reported by Broverman, Vogel, Broverman, Clarkson, and Rosenkrantz (1972). The repeated finding of these studies is that the qualities deemed necessary for adulthood—the capacity for autonomous thinking, clear decision-making, and responsible action—are those associated with masculinity and considered undesirable as attributes of the feminine self. The stereotypes suggest a splitting of love and work that relegates expressive capacities to women while placing instrumental abilities in the masculine domain. Yet looked at from a different perspective, these stereotypes reflect a conception of adulthood that is itself out of balance, favoring the separateness of the individual self over connection to others, and leaning more toward an autonomous life of work than toward the interdependence of love and care.

The discovery now being celebrated by men in mid-life of the importance of intimacy, relationships, and care is something that women have known from the beginning. However, because that knowledge in women has been considered "intuitive" or "instinctive," a function of anatomy coupled with destiny, psychologists have neglected to describe its development. In my research, I have found that women's moral development centers on the elaboration of that knowledge and thus delineates a critical line of psychological development in the lives of both of the sexes. The subject of moral development not only provides the final illustration of the reiterative pattern in the observation and assessment of sex differ-

ences in the literature on human development, but also indicates more particularly why the nature and significance of women's development has been for so long obscured and shrouded in mystery.

The criticism that Freud makes of women's sense of justice, seeing it as compromised in its refusal of blind impartiality, reappears not only in the work of Piaget but also in that of Kohlberg. While in Piaget's account (1932) of the moral judgment of the child, girls are an aside, a curiosity to whom he devotes four brief entries in an index that omits "boys" altogether because "the child" is assumed to be male, in the research from which Kohlberg derives his theory, females simply do not exist. Kohlberg's (1958, 1981) six stages that describe the development of moral judgment from childhood to adulthood are based empirically on a study of eighty-four boys whose development Kohlberg has followed for a period of over twenty years. Although Kohlberg claims universality for his stage sequence, those groups not included in his original sample rarely reach his higher stages (Edwards, 1975; Holstein, 1976; Simpson, 1974). Prominent among those who thus appear to be deficient in moral development when measured by Kohlberg's scale are women, whose judgments seem to exemplify the third stage of his six-stage sequence. At this stage morality is conceived in interpersonal terms and goodness is equated with helping and pleasing others. This conception of goodness is considered by Kohlberg and Kramer (1969) to be functional in the lives of mature women insofar as their lives take place in the home. Kohlberg and Kramer imply that only if women enter the traditional arena of male activity will they recognize the inadequacy of this moral perspective and progress like men toward higher stages where relationships are subordinated to rules (stage four) and rules to universal principles of justice (stages five and six).

Yet herein lies a paradox, for the very traits that traditionally have defined the "goodness" of women, their care for and sensitivity to the needs of others, are those that mark them as deficient in moral development. In this version of moral development, however, the conception of maturity is derived from the study of men's lives and reflects the importance of individuation in their development. Piaget (1970), challenging the common impression that a developmental theory is built like a pyramid from its base in infancy, points out that a conception of development instead hangs from its vertex of maturity, the point toward which progress is traced. Thus,

a change in the definition of maturity does not simply alter the description of the highest stage but recasts the understanding of development, changing the entire account.

When one begins with the study of women and derives developmental constructs from their lives, the outline of a moral conception different from that described by Freud, Piaget, or Kohlberg begins to emerge and informs a different description of development. In this conception, the moral problem arises from conflicting responsibilities rather than from competing rights and requires for its resolution a mode of thinking that is contextual and narrative rather than formal and abstract. This conception of morality as concerned with the activity of care centers moral development around the understanding of responsibility and relationships, just as the conception of morality as fairness ties moral development to the understanding of rights and rules.

This different construction of the moral problem by women may be seen as the critical reason for their failure to develop within the constraints of Kohlberg's system. Regarding all constructions of responsibility as evidence of a conventional moral understanding, Kohlberg defines the highest stages of moral development as deriving from a reflective understanding of human rights. That the morality of rights differs from the morality of responsibility in its emphasis on separation rather than connection, in its consideration of the individual rather than the relationship as primary, is illustrated by two responses to interview questions about the nature of morality. The first comes from a twenty-five-year-old man, one of the participants in Kohlberg's study:

[*What does the word morality mean to you?*] Nobody in the world knows the answer. I think it is recognizing the right of the individual, the rights of other individuals, not interfering with those rights. Act as fairly as you would have them treat you. I think it is basically to preserve the human being's right to existence. I think that is the most important. Secondly, the human being's right to do as he pleases, again without interfering with somebody else's rights.

[*How have your views on morality changed since the last interview?*] I think I am more aware of an individual's rights now. I used to be looking at it strictly from my point of view, just for me. Now I think I am more aware of what the individual has a right to.

Kohlberg (1973) cites this man's response as illustrative of the principled conception of human rights that exemplifies his fifth and sixth stages. Commenting on the response, Kohlberg says: "Moving to a perspective outside of that of his society, he identifies morality with justice (fairness, rights, the Golden Rule), with recognition of the rights of others as these are defined naturally or intrinsically. The human's being right to do as he pleases without interfering with somebody else's rights is a formula defining rights prior to social legislation" (pp. 29-30).

The second response comes from a woman who participated in the rights and responsibilities study. She also was twenty-five and, at the time, a third-year law student:

*[Is there really some correct solution to moral problems, or is everybody's opinion equally right?] No, I don't think everybody's opinion is equally right. I think that in some situations there may be opinions that are equally valid, and one could conscientiously adopt one of several courses of action. But there are other situations in which I think there are right and wrong answers, that sort of inhere in the nature of existence, of all individuals here who need to live with each other to live. We need to depend on each other, and hopefully it is not only a physical need but a need of fulfillment in ourselves, that a person's life is enriched by cooperating with other people and striving to live in harmony with everybody else, and to that end, there are right and wrong, there are things which promote that end and that move away from it, and in that way it is possible to choose in certain cases among different courses of action that obviously promote or harm that goal.*

*[Is there a time in the past when you would have thought about these things differently?] Oh, yeah, I think that I went through a time when I thought that things were pretty relative, that I can't tell you what to do and you can't tell me what to do, because you've got your conscience and I've got mine.*

*[When was that?] When I was in high school. I guess that it just sort of dawned on me that my own ideas changed, and because my own judgment changed, I felt I couldn't judge another person's judgment. But now I think even when it is only the person himself who is going to be affected, I say it is wrong to the extent it doesn't cohere with what I know about human nature and what I know about you, and just from*

what I think is true about the operation of the universe, I could say I think you are making a mistake.

*[What led you to change, do you think?] Just seeing more of life, just recognizing that there are an awful lot of things that are common among people. There are certain things that you come to learn promote a better life and better relationships and more personal fulfillment than other things that in general tend to do the opposite, and the things that promote these things, you would call morally right.*

This response also represents a personal reconstruction of morality following a period of questioning and doubt, but the reconstruction of moral understanding is based not on the primacy and universality of individual rights, but rather on what she describes as a "very strong sense of being responsible to the world." Within this construction, the moral dilemma changes from how to exercise one's rights without interfering with the rights of others to how "to lead a moral life which includes obligations to myself and my family and people in general." The problem then becomes one of limiting responsibilities without abandoning moral concern. When asked to describe herself, this woman says that she values "having other people that I am tied to, and also having people that I am responsible to. I have a very strong sense of being responsible to the world, that I can't just live for my enjoyment, but just the fact of being in the world gives me an obligation to do what I can to make the world a better place to live in, no matter how small a scale that may be on." Thus while Kohlberg's subject worries about people interfering with each other's rights, this woman worries about "the possibility of omission, of your not helping others when you could help them."

The issue that this woman raises is addressed by Jane Loevinger's fifth "autonomous" stage of ego development, where autonomy, placed in a context of relationships, is defined as modulating an excessive sense of responsibility through the recognition that other people have responsibility for their own destiny. The autonomous stage in Loevinger's account (1970) witnesses a relinquishing of moral dichotomies and their replacement with "a feeling for the complexity and multifaceted character of real people and real situations" (p. 6). Whereas the rights conception of morality that informs Kohlberg's principled level (stages five and six) is geared to arriving at an objectively fair or just resolution to moral dilemmas

upon which all rational persons could agree, the responsibility conception focuses instead on the limitations of any particular resolution and describes the conflicts that remain.

Thus it becomes clear why a morality of rights and noninterference may appear frightening to women in its potential justification of indifference and unconcern. At the same time, it becomes clear why, from a male perspective, a morality of responsibility appears inconclusive and diffuse, given its insistent contextual relativism. Women's moral judgments thus elucidate the pattern observed in the description of the developmental differences between the sexes, but they also provide an alternative conception of maturity by which these differences can be assessed and their implications traced. The psychology of women that has consistently been described as distinctive in its greater orientation toward relationships and interdependence implies a more contextual mode of judgment and a different moral understanding. Given the differences in women's conceptions of self and morality, women bring to the life cycle a different point of view and order human experience in terms of different priorities.

The myth of Demeter and Persephone, which McClelland (1975) cites as exemplifying the feminine attitude toward power, was associated with the Eleusinian Mysteries celebrated in ancient Greece for over two thousand years. As told in the Homeric *Hymn to Demeter*, the story of Persephone indicates the strengths of interdependence, building up resources and giving, that McClelland found in his research on power motivation to characterize the mature feminine style. Although, McClelland says, "it is fashionable to conclude that no one knows what went on in the Mysteries, it is known that they were probably the most important religious ceremonies, even partly on the historical record, which were organized by and for women, especially at the onset before men by means of the cult of Dionysos began to take them over." Thus McClelland regards the myth as "a special presentation of feminine psychology" (p. 96). It is, as well, a life-cycle story par excellence.

Persephone, the daughter of Demeter, while playing in a meadow with her girlfriends, sees a beautiful narcissus which she runs to pick. As she does so, the earth opens and she is snatched away by Hades, who takes her to his underworld kingdom. Demeter, goddess of the earth, so mourns the loss of her daughter that she refuses to allow anything to grow. The crops that sustain life on earth shrivel up, killing men and animals alike, until Zeus takes

perity on man's suffering and persuades his brother to return Persephone to her mother. But before she leaves, Persephone eats some pomegranate seeds, which ensures that she will spend part of every year with Hades in the underworld.

The elusive mystery of women's development lies in its recognition of the continuing importance of attachment in the human life cycle. Woman's place in man's life cycle is to protect this recognition while the developmental litany intones the celebration of separation, autonomy, individuation, and natural rights. The myth of Persephone speaks directly to the distortion in this view by reminding us that narcissism leads to death, that the fertility of the earth is in some mysterious way tied to the continuation of the mother-daughter relationship, and that the life cycle itself arises from an alternation between the world of women and that of men. Only when life-cycle theorists divide their attention and begin to live with women as they have lived with men will their vision encompass the experience of both sexes and their theories become correspondingly more fertile.

## 2 Images of Relationship

But she sees in this psychic structuring the potential for "more advanced, more affiliative ways of living—less wedded to the dangerous ways of the present," since the sense of self is tied not to a belief in the efficacy of aggression but to a recognition of the need for connection (p. 86). Thus envisioning the potential for a more creative and cooperative mode of life, Miller calls not only for social equality but also for a new language in psychology that would separate the description of care and connection from the vocabulary of inequality and oppression, and she sees this new language as originating in women's experience of relationships.

In the absence of this language, the problem of interpretation that impedes psychologists' understanding of women's experience is mirrored by the problem created for women by the failure to represent their experience or by the distortion in its representation. When the interconnections of the web are dissolved by the hierarchical ordering of relationships, when nets are portrayed as dangerous entrapments, impeding flight rather than protecting against fall, women come to question whether what they have seen exists and whether what they know from their own experience is true. These questions are raised not as abstract philosophical speculations about the nature of reality and truth but as personal doubts that invade women's sense of themselves, compromising their ability to act on their own perceptions and thus their willingness to take responsibility for what they do. This issue becomes central in women's development during the adolescent years, when thought becomes reflective and the problem of interpretation thus enters the stream of development itself.

The "male pattern" of fantasy that Robert May (1980) identifies as "Pride" in his studies of sex differences in projective imagination leads from enhancement to deprivation and continues the story that Freud has told of an initial fracture of connection leading through the experience of separation to an irreparable loss, a glorious achievement followed by a disastrous fall. But the pattern of female fantasy May designates as "Caring" traces a path which remains largely unexplored, a narrative of deprivation followed by enhancement in which connection, though leading through separation, is in the end maintained or restored. Illuminating life as a web rather than a succession of relationships, women portray autonomy rather than attachment as the illusory and dangerous quest. In this way, women's development points toward a different history of human attachment, stressing continuity and change in configuration, rather than replacement and separation, elucidating a different response to loss, and changing the metaphor of growth.

Jean Baker Miller (1976), enumerating the problems that arise when all affiliations are cast in the mould of dominance and subordination, suggests that "the parameters of the female's development are not the same as the male's and that the same terms do not apply" (p. 86). She finds in psychology no language to describe the structuring of women's sense of self, "organized around being able to make and then to maintain affiliations and relationships (p. 83)."

the relation of parent and child, then give rise to the ethics of justice and care, the ideals of human relationship—the vision that self and other will be treated as of equal worth, that despite differences in power, things will be fair; the vision that everyone will be responded to and included, that no one will be left alone or hurt. These disparate visions in their tension reflect the paradoxical truths of human experience—that we know ourselves as separate only insofar as we live in connection with others, and that we experience relationship only insofar as we differentiate other from self.

While the truths of psychological theory have blinded psychologists to the truth of women's experience, that experience illuminates a world which psychologists have found hard to trace, a territory where violence is rare and relationships appear safe. The reason women's experience has been so difficult to decipher or even discern is that a shift in the imagery of relationships gives rise to a problem of interpretation. The images of hierarchy and web, drawn from the texts of men's and women's fantasies and thoughts, convey different ways of structuring relationships and are associated with different views of morality and self. But these images create a problem in understanding because each distorts the other's representation. As the top of the hierarchy becomes the edge of the web and as the center of a network of connection becomes the middle of a hierarchical progression, each image marks as dangerous the place which the other defines as safe. Thus the images of hierarchy and web inform different modes of assertion and response: the wish to be alone at the top and the consequent fear that others will get too close; the wish to be at the center of connection and the consequent fear of being too far out on the edge. These disparate portrayals of achievement and affiliation, leading to different modes of action and different ways of assessing the consequences of choice.

The reinterpretation of women's experience in terms of their own imagery of relationships thus clarifies that experience and also provides a nonhierarchical vision of human connection. Since relationships, when cast in the image of hierarchy, appear inherently unstable and morally problematic, their transposition into the image of web changes an order of inequality into a structure of interconnection. But the power of the images of hierarchy and web, their evocation of feelings and their recurrence in thought, signifies the embeddedness of both of these images in the cycle of human life. The experiences of inequality and interconnection, inherent in

cludes the use of violence because man is not capable of knowing the absolute truth and therefore is not competent to punish" (p. 241). The affinity between Satyagraha and psychoanalysis lies in their shared commitment to seeing life as an "experiment in truth," in their being "somehow joined in a universal 'therapeutics,' committed to the Hippocratic principle that one can test truth (or the healing power inherent in a sick situation) only by action which avoids harm—or better, by action which maximizes mutuality and minimizes the violence caused by unilateral coercion or threat" (p. 247). Thus Erikson takes Gandhi to task for his failure to acknowledge the relativity of truth. This failure is manifest in the coercion of his claim to exclusive possession of the truth, his "unwillingness to learn from *anybody anything* except what was approved by the 'inner voice'" (p. 236). This claim led Gandhi, in the guise of love, to impose his truth on others without awareness of or regard for the extent to which he thereby did violence to their integrity.

The moral dilemma, arising inevitably out of a conflict of truths, is by definition a "sick situation" in that its either/or formulation leaves no room for an outcome that does not do violence. The resolution of such dilemmas, however, lies not in the self-deception of rationalized violence: "I was" said Gandhi, "a cruelly kind husband. I regarded myself as her teacher and so harassed her out of my blind love for her" (p. 233). The resolution lies rather in the replacement of the underlying antagonism with a mutuality of respect and care.

Gandhi, whom Kohlberg cites as exemplifying the sixth stage of moral judgment and whom Erikson initially sought as a model of an adult ethical sensibility, is criticized by a judgment that refuses to look away from or condone the infliction of harm. In denying the validity of his wife's reluctance to open her home to strangers and in blinding himself to the different reality of adolescent sexuality and temptation, Gandhi compromised in his everyday life the ethic of nonviolence to which, in principle and in public, he steadfastly adhered.

The blind willingness to sacrifice people to truth, however, has always been the danger of an ethics abstracted from life. This willingness links Gandhi to the biblical Abraham, who prepared to sacrifice the life of his son in order to demonstrate the integrity and supremacy of his faith. Both men, in the limitations of their fatherhood, stand in implicit contrast to the woman who comes before Solomon and verifies her motherhood by relinquishing truth in

### 3 Concepts of Self and Morality

When women begin to make direct moral statements, the issues they repeatedly address are those of exploitation and hurt. In doing so, they raise the issue of nonviolence in precisely the same psychological context that brings Erikson (1969) to pause in his consideration of the truth of Gandhi's life. In the pivotal letter that he addresses to Gandhi and around which the judgment of his book turns, Erikson confronts the contradiction between the philosophy of nonviolence that informed Gandhi's dealing with the British and the psychological violence that marred his relationships with his family and with the children of the ashram. It was this contradiction, Erikson confesses, "which almost brought me to the point where I felt unable to continue writing *this* book because I seemed to sense the presence of a kind of untruth in the very protestation of truth; of something unclean when all the words spelled out an unreal purity; and, above all, of displaced violence where nonviolence was the professed issue" (pp. 230-231).

In an effort to untangle the relationship between the spiritual truth of Satyagraha and the truth of his own psychoanalytic understanding, Erikson reminds Gandhi that, "Truth, you once said, 'ex-

order to save the life of her child. It is the ethics of an adulthood that has become principled at the expense of care that Erikson comes to criticize in his assessment of Gandhi's life.

This same criticism is dramatized explicitly as a contrast between the sexes in *The Merchant of Venice*, where Shakespeare goes through an extraordinary complication of sexual identity, dressing a male actor as a female character who in turn poses as a male judge, in order to bring into the masculine citadel of justice the feminine plea for mercy. The limitation of the contractual conception of justice is illustrated through the absurdity of its literal execution, while the need to "make exceptions all the time" is demonstrated contrapuntally in the matter of the rings. Portia, in calling for mercy, argues for that resolution in which no one is hurt, and as the men are forgiven for their failure to keep both their rings and their word, Antonio in turn forgoes his "right" to ruin Shylock.

The abortion study suggests that women impose a distinctive construction on moral problems, seeing moral dilemmas in terms of conflicting responsibilities. This construction was traced through a sequence of three perspectives, each perspective representing a more complex understanding of the relationship between self and other and each transition involving a critical reinterpretation of the conflict between selfishness and responsibility. The sequence of women's moral judgment proceeds from an initial concern with survival to a focus on goodness and finally to a reflective understanding of care as the most adequate guide to the resolution of conflicts in human relationships. The abortion study demonstrates the centrality of the concepts of responsibility and care in women's constructions of the moral domain, the close tie in women's thinking between conceptions of the self and of morality, and ultimately the need for an expanded developmental theory that includes, rather than rules out from consideration, the differences in the feminine voice. Such an inclusion seems essential, not only for explaining the development of women but also for understanding in both sexes the characteristics and precursors of an adult moral conception.

## 6 Visions of Maturity

Given the evidence of different perspectives in the representation of adulthood by women and men, there is a need for research that elucidates the effects of these differences in marriage, family, and work relationships. My research suggests that men and women may speak different languages that they assume are the same, using similar words to encode disparate experiences of self and social relationships. Because these languages share an overlapping moral vocabulary, they contain a propensity for systematic mistranslation, creating misunderstandings which impede communication and limit the potential for cooperation and care in relationships. At the same time, however, these languages articulate with one another in critical ways. Just as the language of responsibilities provides a weblike imagery of relationships to replace a hierarchical ordering that dissolves with the coming of equality, so the language of rights underlines the importance of including in the network of care not only the other but also the self.

As we have listened for centuries to the voices of men and the theories of development that their experience informs, so we have come more recently to notice not only the silence of women but the difficulty in hearing what they say when they speak. Yet in the different voice of women lies the truth of an ethic of care, the tie between relationship and responsibility, and the origins of aggression in the failure of connection. The failure to see the different reality of women's lives and to hear the differences in their voices stems in part from the assumption that there is a single mode of social experience and interpretation. By positing instead two different modes,

we arrive at a more complex rendition of human experience which sees the truth of separation and attachment in the lives of women and men and recognizes how these truths are carried by different modes of language and thought.

To understand how the tension between responsibilities and rights sustains the dialectic of human development is to see the integrity of two disparate modes of experience that are in the end connected. While an ethic of justice proceeds from the premise of equality—that everyone should be treated the same—an ethic of care rests on the premise of nonviolence—that no one should be hurt. In the representation of maturity, both perspectives converge in the realization that just as inequality adversely affects both parties in an unequal relationship, so too violence is destructive for everyone involved. This dialogue between fairness and care not only provides a better understanding of relations between the sexes but also gives rise to a more comprehensive portrayal of adult work and family relationships.

As Freud and Piaget call our attention to the differences in children's feelings and thought, enabling us to respond to children with greater care and respect, so a recognition of the differences in women's experience and understanding expands our vision of maturity and points to the contextual nature of developmental truths. Through this expansion in perspective, we can begin to envision how a marriage between adult development as it is currently portrayed and women's development as it begins to be seen could lead to a changed understanding of human development and a more generative view of human life.