Continuing Education at Oakton Community College

The Alliance for Lifelong Learning’s Continuing Education for Health Professionals is an approved continuing education sponsor by the Illinois Department of Financial and Professional Regulation for the following professions:

- Marriage and Family Therapists (LMFT)
- Nursing Home Administrators (NHA)*
- Professional Counselors (LPC/LCPC)
- Occupational Therapists (OT)
- Speech and Language Pathologists and Audiologists (SLP)
- Social Workers (LSW/LCSW)*

Oakton also is an approved Professional Development Provider through the Illinois State Board of Education. By completing continuing education courses at Oakton, teachers earn CPDUs. IAODAPCA members are awarded continuing education hours, and other professionals are eligible for universal training hours upon completion of continuing education courses at Oakton. (One UTH from Oakton is equivalent to one 60-minute clock hour.)

*The IDFPR License Renewal Period ends November 30, 2009.

Schedule of Programs

Each program is worth 6.25 clock hours. OTs earn 7.5 contact hours.

**September 23**
Play Therapy

**October 2**
Effective Conflict Management Strategies: Maintaining a Positive Work Environment within a Sea of Negativity

**October 8**
Opening the Door: Motivational Interviewing and Clinical Supervision

**October 16**
The Long Journey Home: Combat Stress and Trauma in Returning War Veterans and Their Families

**October 23**
Ethics in the Clinical Relationship
Note: Registration for this program is complimentary. Advance registration required.

**October 30**
What You Accept is What You Teach: Holding Employees Accountable in Difficult Times

**November 6**
Understanding and Treating Bullies and Their Targets: A Clinical and Psychotherapeutic Perspective

**November 20**
Being Sane in Insane Places: Drug Addiction as Accomplishment

Note: The registration time for this program begins at 10 a.m. The session runs 10:30 a.m. - 5:30 p.m.
Fall 2009 Continuing Education Programs

Oakton is pleased to offer several new programs this fall to serve mental health professionals. All courses are held at the Des Plaines campus, 1600 East Golf Road.

A registration fee of $125 is required for each session (with the exception of the October 23 program which is complimentary). A discounted fee of $99 per program is offered for individuals registering for two or more programs at the same time. Continental breakfast is included. Lunch is on your own and available in Oakton’s cafeteria.

Registration for all programs begins at 8 a.m., and sessions are held 8:30 a.m. - 4:30 p.m., with the exception of the November 20 program (see program details).
To register for a course, complete the form on the back page and send to: Alliance for Lifelong Learning, P.O. Box 367, Skokie, IL 60076; or call 847.635.1808.

**Wednesday, September 23**
8:30 a.m. – 4:30 p.m.

**Play Therapy:**
**A Developmental Approach to Strategies and Modalities**

Linda Watson, Psy.D.

Explore the unique opportunities for clinical interventions when the therapist uses play as therapy. Play therapy requires the therapist to work within the relationship and the activity at a developmentally appropriate level to be effective. The theoretical basis of play therapy and its application to verbal interventions will be explained. Play modalities will be explored for symbolic meaning, social learning experience, developmental requirements and potential growth for executing functioning skills. Participants should dress comfortably and come prepared to play. Bring a toy or game to use as a therapeutic agent in the process of play therapy.

**Friday, October 2**
8:30 a.m. – 4:30 p.m.

**Effective Conflict Management Strategies:**
**Maintaining a Positive Work Environment in a Sea of Negativity**

Michael Cohen, M.A.

In today’s difficult economic environment, job security and lifetime employment benefits are no longer a guarantee. Instead, employees must learn to effectively deal with stress and conflict on the job while maintaining a strong work ethic, a positive attitude and constructive conduct. This workshop will discuss how to survive and thrive in an emotionally intensive and physically exhausting work climate.
Thursday, October 8
8:30 a.m.– 4:30 p.m.
Opening the Door: Motivational Interviewing and Clinical Supervision
Jacqueline Elder, Psy.D., CADC
Mark Sanders, LCSW, CADC

For several years, the study of Motivational Interviewing has focused on the responses of clinicians and counselors. More recently, however, MI research has centered on clinical supervision. This workshop will discuss the use of the Motivational Interviewing Treatment Integrity (MITI) Coding system as a tool for supervisors to assess the practice of MI among practitioners. Supervisors will learn how this system can help identify methods that will improve a counselor’s MI technique. Telephonic coaching and supervision also will be discussed and demonstrated, as recent research indicates that practitioners improve with feedback and coaching. (Clock hours can be applied toward IDFPR Clinical Supervision requirement for Professional Counselors.)

Friday, October 16
8:30 a.m.– 4:30 p.m.
The Long Journey Home: Combat Stress and Trauma in Returning War Veterans and Their Families
Philip J. Metres, Jr., Ph.D.

Combat veterans have unique needs that come from extraordinarily difficult experiences—most of which are unimaginable to civilians. More than 1.5 million combat veterans are psychologically affected by their military service, all with families, friends and coworkers who experience the impact. There is a high demand for clinicians in all disciplines to have the knowledge and skills essential to treat these groups. Participants will learn methods to identify veterans in need of help and to break through personal and institutional barriers that prevent veterans from getting the help they need.
Friday, October 23  
8:30 a.m. – 4:30 p.m.  
Ethics in the Clinical Relationship  
Mark Sanders, LCSW, CADC

This interactive, skill-building workshop will address challenges and solutions for an ethical clinical relationship. Topics include: The principles of ethical decision making in the clinical relationship; the impact of the professional’s personality on ethical decisions; the use of countertransference as a tool to achieve excellence in the clinical relationship; establishment of healthy boundaries; multiple relationships with clients; and strategies to avoid burnout and compassion fatigue as a means to avoid ethical violations in the clinical relationship. (This course satisfies the IDFPR ethics requirement.)

Note: Registration for this program is complimentary. Advance registration is required and walk-in registrations will not be accepted.

Friday, October 30  
8:30 a.m. – 4:30 p.m.  
What You Accept is What You Teach: Holding Employees Accountable in Difficult Times  
Michael Cohen, M.A.

This practical workshop will focus on holding employees accountable for outstanding customer service, teamwork, technical competence and fiscal prudence. It will discuss common causes for poor performance, a checklist for coaching and discipline, conversations for confrontations, the difficult employee, a protocol for conflict management, and samples of a performance improvement action plan. Conducting an effective performance approval and ethically and legally disciplining also will be discussed.
Friday, November 6
8:30 a.m. – 4:30 p.m.
Understanding and Treating Bullies and Their Targets: A Clinical and Psychotherapeutic Perspective

Michael Maniacci, Psy.D.

Bullies can be challenging. This seminar will examine the psychodynamics and goals of people who use bullying as a coping strategy and the similar dynamics of those whom they bully. The primary emphasis will be on individual, group and family dynamics and treatment strategies. For counselors and therapists to deal with bullies and their targets, a fluid, flexible and personality-based approach will be presented which integrates biosocial, neurodevelopmental and psychodynamic/systemic approaches.

Friday, November 20
10:30 a.m. – 5:30 p.m.
Being Sane in Insane Places: Drug Addiction as an Accomplishment

Greg Scott, Ph.D.

This interactive session examines heroin and crack cocaine addiction relative to prevailing concepts, notions, diagnostic criteria, and treatment of mental illness. Photographic, video, and audio evidence from crack houses, “shooting galleries” and homeless drug user encampments provide the foundation on which the instructor critically assesses commonly accepted practices for defining and treating addicts. The central objective is to develop a better understanding of addiction as an accomplishment, and devise methods for integrating harm reduction principles and practices into interactions with addicts and the treatment of addicts.

REGISTRATION

By Mail: Send a check for tuition amount payable to Oakton Community College or pay by credit card (MasterCard, VISA, Discover). Include credit card number and expiration date. Mail to: ALL, P.O. Box 367, Skokie, IL 60076. Submit one registration form for each participant.

In Person: Mon. - Fri., 8:30 a.m. - 4:45 p.m. at the Des Plaines or Skokie Campus.

By Fax: Complete the registration form, include credit card number and expiration date, then fax to 847.635.1448. Fax must reach our office 48 hours prior to start of class.

Cancellation/Refunds
Course fees will be refunded if notification is received 48 hours prior to the seminar date. A $10 processing fee will be charged for all cancellations.

Call 847.635.1808 for more information. Visit us at www.oakton.edu/cont_ed/all.
Registration Form

Programs include a continental breakfast. Lunch is on your own and available in Oakton’s cafeteria. When registering for two or more programs for a single attendee, the discounted fee is $99 each.

- **Play Therapy** (HTHA51-060)  $125  $99
- **Conflict Management** (HMHA29-060)  $125  $99
- **Clinical Supervision** (HTHA21-060)  $125  $99
- **Combat Stress** (HMHA31-060)  $125  $99
- **Ethics** (HMHA28-060) Advanced registration is required.  $125  $99
- **Employee Accountability** (HUHA82-060)  $125  $99
- **Bullying** (HUHA67-060)  $125  $99
- **Drug Program** (HTHA83-060)  $125  $99

**Payment must accompany registration form.**

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Name__________________________________________________________

Sex:  Male  Female Phone__________________________

Birth Date______________________________ Address_________________________________________

City__________________________________________ State/Zip________________________

E-mail__________________________ (used for notification of upcoming educational opportunities and never shared)

Last college attended_____________________________________________

Most credits/highest degree earned ________________________ Profession________________________

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This information is requested solely to comply with Federal Laws.

1. Are you Hispanic or Latino? (OR Are you of Spanish origin?)
   - Yes Hispanic or Latino.
   - Not Hispanic or Latino.

2. Are you from one or more of the following racial groups? (Select all that apply).
   - American Indian or Alaska Native
   - Asian
   - Black or African American
   - Native Hawaiian or Other Pacific Islander
   - White
   - Choose Not to Respond

3. Please identify your primary racial/ethnic group. (Select one.)
   - American Indian or Alaska Native
   - Asian
   - Black or African American
   - Hispanic or Latino
   - Native Hawaiian or Other Pacific Islander
   - White
   - Choose Not to Respond

4. Are you in the United States on a Visa – Nonresident Alien?
   - Yes, in the United States on a Visa.
   - Not in the United States on a Visa.

Provide Home Country of Origin:__________________________________________

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For credit card payment, check one:  Discover  VISA  MasterCard

Credit card payments may be faxed to 847.635.1448.  Signature__________________________

Credit Card No.__________________________________________  Expiration Date________

Make checks payable to Oakton Community College.
Send to Alliance for Lifelong Learning, P.O. Box 367, Skokie, IL 60076