



Lactation and Meditation/Prayer Rooms on Campus

Please share with colleagues and students!

If you, students, or guests are in need of a room for lactation, or a moment to get away to reflect, meditate, or pray, you can do so by reserving these spaces on each campus.

Des Plaines Campus

Lactation Room - 2556

Meditation/Prayer Room - 2148

- Students can contact the Office of Student Affairs in room 2270 or call x1739 to reserve either space during business hours, 8:30 a.m. - 5 p.m. Monday through Friday.
- Employees can contact Human Resources at x1675 to reserve either space during business hours, 8:30 a.m. - 5 p.m. Monday through Friday.
- Campus Police should be contacted at x1880 after business hours.

Skokie Campus

Lactation Room - B209 - Students, employees, and guests can contact the Division of Business and Career Technologies office in room B206 or call x1910:

- 7:15 a.m. - 8:00 p.m. Monday through Thursday
- 7:15 a.m. - 4:30 p.m. Monday through Friday
- 7:30 a.m. - 12:30 p.m. on Saturday

Meditation/Prayer Room - A190 - Students, employees, and guests can reserve the room by contacting Campus Police at x1880

Reservations are for up to 30 minutes blocks of time

Do not hesitate to contact the Office of Student Affairs at x1739 or studentaffairs@oakton.edu if you have any questions.