

Medical Requirements for the Emergency Medical Technician (EMT) Program

There are six requirements for participation in the clinical component of the EMT program:

1. Hepatitis B Titer. Vaccinations are not acceptable. You must have a blood test. You may:

- Obtain a referral from Health Services to have the titers done at Presence Holy Family Medical Center. (Cost for titer is covered by your lab fee); or
- contact your own physician. If you have insurance, it may cover the test; or
- submit your titer results if you have had the test in the past, especially if you have worked in a healthcare setting or taken classes in the healthcare field.

The Centers for Disease Control (CDC) strongly recommends that you be immunized against this serious viral infection if your titer results indicate that you are not immune (negative). You may:

- Contact your own physician or pharmacy for hepatitis B vaccines (series of three) if you have insurance. Bring titer results with you.
- Receive the hepatitis B vaccines at a reduced cost at the monthly Hepatitis B Clinic at Oakton's Health Services, Des Plaines. An appointment is needed. Must bring titer results.
- Sign the Hepatitis B Vaccine Declination Form and Release if you are declining the vaccines.

2. Blood Work (Titers). You must have proof of immunity to four communicable childhood diseases: rubella, rubeola, varicella, and mumps. Vaccination records are not acceptable. You must have a blood test. You may:

- Obtain a referral from Health Services to have the titers done at Presence Holy Family Medical Center. (cost for titer is covered by your lab fee); or
- submit a copy of blood titer results. You may have had the test in the past, especially if you already work in a healthcare setting. If so, bring a copy to Health Services; or
- contact your physician to have the tests. If you have insurance, the titers may be covered; call your health insurance prior to going.

If your titer results indicate no immunity (negative), you will need vaccines (not included in fees.) Please talk to Health Services to determine which vaccines are needed based on your titer results.

Note: It is strongly recommended that you submit a copy of your vaccine record. If your titers indicate no immunity (negative) to a disease, it may save you one or two vaccines.

3. Tuberculosis (TB) Skin Test. Results of this test must be dated within the past 12 months.

- The TB test is offered **by appointment** in Health Services on the Skokie campus, 847.635.1419 and the Des Plaines campus, 847.635.1885. (Cost for the TB test is covered by your lab fee. There is no charge if it is performed at Oakton Health Services), or
- The test can also be performed by your physician or employer. Submit a copy to Health Services.
- The TB test is also offered **by appointment** at the Skokie Health Department. Call 847.933.8252 for days and times. **Cost is \$10.**
- If your skin test is *already positive*, contact Health Services.

4. Physical Examination. Must be completed within the last year on a Health Services Physical Exam form.

- Have your physician do the exam, using the Physical Exam Report form from Health Services.
- If you do not have a physician:
 - Limited low-cost physical exams are available at Health Services, Des Plaines. Students must have TB test and titers done prior to making an appointment.
 - Heartland Health Center (8320 Skokie Blvd., Skokie) offers low-cost school physicals for Oakton students. Call 847.410.6501.

5. Confidential Medical History Form. Complete, sign, and return to Health Services.

6. Flu Vaccine (except summer session). You must submit proof of a **current** seasonal flu vaccination

Note: Students will not be able to attend the clinical portion of the program without receiving a medical clearance from Health Services. Clinical sites reserve the right to change health requirements at any time based on current medical practices.