You can narrow your search by choosing to search by author, subject terms, or other options. If you do not pick an option, you are performing a general keyword search (looking for the terms in any part of the article record).

CINAHL uses its own list of specific subject headings. Find your particular topics in this list for a more precise search.

Click "Full Text" to find only articles that appear in their entirety in this database.

Click "Peer Reviewed" to find research articles written by qualified people in that field of study.

To find the most recent articles, change the order to "Date Newest."

Choose to limit by date or pick additional relevant subject headings.

If headings aren’t visible, click the arrow left of “Subject: Major Headings.”

Click on the title to get the article.
General Tips for Searching in CINAHL Plus with Full Text

- Search for exact phrases with quotation marks (""").
- Use just one or two-word phrases as your keywords. The database will not look for common ‘stop words’ like: been, however, so, or, in, the, and, etc.
- Truncate your terms with an asterisk (*) to find more results. For example, type comput* to find the words computer or computing.
- When a singular word is searched, the plural and possessive forms of that word will also be searched as long as you do not put your search term in quotation marks (""").
- Select “Evidence-Based Care Sheets” to find information about and treatment options for various health topics.
- Find “Quick Lessons” sheets under “More” for short summaries of many diseases and conditions.

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